

MINUTE TO WIN IT

CONTEMPLATING WHO GOD IS TO ME

On Episode 90 of the *More Than a Song Podcast* we used Chris Tomlin's version of the song "Good Good Father" to consider why we can sing along with such passion and agreement. I asked myself the question, "Why do I consider God a good Father?" I completed a brief exercise that was extremely valuable to me that I want to share with you.

First, set a timer for 60 seconds and then list out as many characteristics of God that come to your mind in those 60 seconds.

Next, write out what that characteristic means to you. Consider why this is so important to you when you think of God. Take your time with this step. If you can't put it into words, pray and ask God for guidance as you think carefully about each description of your good, good Father.

Finally, share this process with friend. Be encouraged by one another and hold each other accountable if your descriptions do not line up with the truth of Scripture.

Example: Step one - list as many characteristics of God as you can in 1 minute

Faithful	Mighty	Patient	Persistent
Kind	Savior	Caring	Guide
Loving	Friend	Available	Giving

it's okay if your list is longer or shorter

Example: Step two - define what each characteristic means to you

Faithful - He has never left my side...always been there

Kind - He is not harsh with me

Loving - His love is unconditional...I don't have to prove myself

Mighty - He has the strength to defend me

Savior - My future is secure because of His sacrifice

Friend - He is not just over me as an authority, but He wants to walk with me side-by-side and have a relationship of mutual participation

Patient - Even when I do the opposite of what He would want, He bears with me as I learn to obey Him the first time, every time with a happy heart

Caring - He is mindful of what makes me FEEL loved and He offers that

Available - I know that I have His undivided attention and I never have to wonder if He is too busy for me

Persistent - He wants my best and will continue pursuing my good and the good of others even when I resist

Guide - He has a plan and is willing to communicate it to me (sometimes not in the detail I would like...but still...) He never leaves me alone with direction

don't forget to share it with a friend

Bonus exercise: Look up Scriptures that confirm (or clarify) what is precious to you about God. Be sure that what you believe is supported by Scripture. Be open to God revealing new and exciting characteristics as you continue to walk with Him.