



EPISODE GUIDE

PODCAST #460: "GRATITUDE" BY BRANDON LAKE

Bible

Take some time to read the narrative found in 2 Samuel 13-19. This is how David ends up in the wilderness of Judah, where he wrote Psalm 63. After you've read the narrative, read through Psalm 63.

Interact

Make a list of methods of praise you see in Psalm 63. Have you tried them all as you praise God?

Tool

The Bible Project has many resources to deepen your understanding of Scripture. Watch their video on *khesed* - <https://bibleproject.com/explore/video/loyal-love/>. Log details of what you learn about this characteristic of God.

Exercise

Meditate on the idea that God's steadfast love is better than life. How much do YOU value God's steadfast love? Be honest with yourself and with God. What do you value more than God's love?