



EPISODE GUIDE

PODCAST #477: "TRUST IN GOD" BY ELEVATION WORSHIP

Bible

Read Psalm 34 repetitively and meditate on it before heading to 1 Samuel 20-22 to read all about the "story behind the song."

Interact

Copy and paste Psalm 34 into a document you can print out and mark up or mark up on a tablet. Start with God and highlight everything that indicates God's character, conduct, or concerns. Then, highlight characteristics of people in a different color.

Tool

Print out the bookmark resource from Dr. Matthew Harmon (found in the show notes at michellenezat.com/matthewharmon) and answer the questions as relates to Psalm 34.

Exercise

Meditate on the narrative of 1 Samuel 20-22 and consider how David's experiences may have impacted the words of Psalm 34. Journal your thoughts. Better yet, share your discoveries with a friend!

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