



EPISODE GUIDE

PODCAST #485: "ABANDONED" BY BENJAMIN WILLIAM HASTINGS

Bible

Read the entire gospel of Mark. You might want to listen to it all the way through before picking up a highlighter and pen to make some focused observations.

Interact

Consider using an Illustrated Scripture Journal to highlight verses and note how Jesus' life reflects total surrender and abandonment to God's plans/will for Him. Think outside of the box. Recognize that every act of Christ reflects a life abandoned to the ways of God.

Tool

Make a list of the ways Christ lived a life of total surrender to His Father. Start with the phrase, "An abandoned life is one that..."

Exercise

Pray your own prayer of abandonment inspired by Jesus' prayer in Mark 14:36. Start with your relationship with God (He is your Abba Father, too), then rehearse God's character, make your request, and finally relinquish your will in exchange for His.

LISTEN TO THIS EPISODE AT: <https://michellenezat.com/485>